

HINDUISM 2 GO

**HINDU AMERICAN
FOUNDATION HAF**

**PROMOTING DIGNITY, MUTUAL RESPECT,
AND PLURALISM**



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BRAHMAN: The Absolute or God that is: 1) the all pervading and absolute reality; 2) beyond description; 3) may be worshiped in various form(s) or no form, male or female.

DHARMA: 1) Mode of conduct most conducive to spiritual advancement; 2) includes universal human values and values specific to an individual's stage in life (i.e. student, parent).

KARMA: 1) An individual's every action produces an appropriate outcome for him/her; 2) outcomes may span over lifetimes.

SAMSARA: 1) Cycle of reincarnation (the soul survives death to be reborn in a new body); 2) ultimate goal is moksha, or freedom from the cycle, achieved by self-realization and elimination of material desires or attachments.

PLURALISM: Acknowledgement of multiple paths to Brahman.

SIX SCHOOLS OF THOUGHT: Sankhya, Yoga, Nyaya, Vaisheshika, Mimamsa, Vedanta

SCRIPTURES: *Vedas, Agamas, Upanishads, Bhagavad Gita, etc.*